

R142 genetic test form completion: Testing for glucokinase hyperglycaemia during pregnancy

This guide aims to assist clinicians with completing the form and facilitate testing.

The test request form for monogenic diabetes is available at www.diabetesgenes.org and is used for both the R141 and R142 tests.

Some aspects of the form are not required when testing for glucokinase hyperglycaemia within the gestational diabetes pathway. **Mandatory fields are highlighted in yellow.**

Patient Details

All aspects of this section should be completed, **excluding** invoice address and genetic diabetes nurse. Please fill in the 'currently pregnant and gestation and date sample taken'.

| | | | | | |
|---|--|---|--|--|--|
| www.exeterlaboratory.com www.diabetesgenes.org +44(0)1392 408229 rduh.exetergenomicslaboratory@nhs.net | | (FOR LAB USE ONLY) | | Royal Devon and Exeter NHS NHS Foundation Trust | |
| EX Number: | | Genetic Testing for Monogenic Diabetes National Genomic Test Directory For Clinical Indication R141 & R142 | | | |
| <i>Please send EDTA whole blood (minimum 5ml adults; 3ml children; 1ml neonates) or DNA (minimum of 5µg) direct to: Exeter Genomics Laboratory, RILD Level 3, Royal Devon & Exeter Hospital, Barrack Road, Exeter EX2 5DW</i> Clinical Scientist Lead: Kevin Colclough (rduh.betacellgenomics@nhs.net) | | | | | |
| Patient details Please complete form electronically, e-mail to rduh.exetergenomicslaboratory@nhs.net and send a printed copy with the samples | | | | | |
| SURNAME: | | CLINICIAN NAME: | | | |
| FORENAME: | | CLINICIAN TELEPHONE: | | | |
| D.O.B.: (DD/MM/YYYY) | | CLINICIAN E-MAIL ADDRESS (reports can be issued as PDFs to @nhs.net accounts and to non-UK clinicians): | | | |
| PATIENT POSTCODE: | | CLINICIAN ADDRESS: | | | |
| NHS NUMBER (HOSPITAL/PATIENT ID IF NON-UK): | | INVOICE ADDRESS: NA | | | |
| SEX: | | ETHNIC ORIGIN: | | GENETIC DIABETES NURSE: NA | |
| Is this patient currently pregnant: Yes Gestation (weeks) No | | | Date Sample Taken: (DD/MM/YYYY) | | |

Consent

The patient agreement to the 1st line on diagnosis is mandatory for testing and this box should be **ticked**. The rest of the consent is optional to the patient, and is based on samples and information being used for research purposes.

| | | |
|---|----------|---------|
| Consent We understand that our samples and clinical information will be used only for diagnostic and research purposes relevant to ourselves and others in my family. Please tick: <input type="checkbox"/> | | |
| We also consent for our samples and clinical information to be saved in the Genetic Beta Cell Bank for use in future research into all forms of genetic diabetes and other beta cell conditions, whether or not it is of direct clinical benefit to us. Tick here for consent: <input type="checkbox"/> | | |
| We are also happy to be contacted about research into genetic diabetes and you may contact me directly using these details: Tick here for consent: <input type="checkbox"/> | | |
| Name: | Address: | E-mail: |
| Telephone: | | |
| I confirm: I am the patient. I am signing this form on behalf of someone else (children, adults without capacity or deceased patients). I am the healthcare professional recording the patient's choices and consent has been recorded remotely, no patient signature. | | |
| Name of patient/guardian/advocate | | Date: |
| Electronic Signature: | | |
| For more information (and patient information sheets) please see https://www.diabetesgenes.org/current-research/genetic-beta-cell-research-bank | | |

Clinical Information

Essential fields are shown below (age at diagnosis, diagnosed during pregnancy, height, weight, current or booking BMI, laboratory FBG or OGTT result and date, current HbA1c).

| Clinical information | | | | | | | |
|---|------------------|---|---|---|---------------------|------------------------------------|--------------------|
| MODY PROBABILITY CALCULATOR SCORE: % (https://www.diabetesgenes.org/mody-probability-calculator) | | AGE AT DIAGNOSIS: | INSULIN TREATED WITHIN 6 MONTHS OF DIAGNOSIS? YES <input type="checkbox"/> NO <input type="checkbox"/> | DIAGNOSED DURING PREGNANCY? | HEIGHT (METERS): | BMI AT DIAGNOSIS: | FATHER'S BMI: |
| | | | | | WEIGHT (KILOGRAMS): | CURRENT BMI: | MOTHER'S BMI: |
| INITIAL THERAPY: | INSULIN SUBTYPE: | UNITS PER DOSE: | INSULIN FREQUENCY: | CURRENT THERAPY: | INSULIN SUBTYPE: | UNITS PER DOSE: | INSULIN FREQUENCY: |
| | OHA SUBTYPE: | UNITS PER DOSE: | OHA FREQUENCY: | | OHA SUBTYPE: | UNITS PER DOSE: | OHA FREQUENCY: |
| ACANTHOSIS NIGRICANS? <input type="checkbox"/> SENSITIVE TO SULPHONYLUREA? <input type="checkbox"/> RENAL DISEASE? <input type="checkbox"/> RENAL CYSTS? <input type="checkbox"/> RENAL DYSPLASIA OR AGENESIS? <input type="checkbox"/> LOW RENAL THRESHOLD FOR GLUCOSE? <input type="checkbox"/> | | | | | | | |
| PARTIAL LIPODYSTROPHY? <input type="checkbox"/> DEAFNESS? <input type="checkbox"/> LIVER ADENOMA? <input type="checkbox"/> NEONATAL HYPOGLYCAEMIA? <input type="checkbox"/> DETAILS AND DURATION OF NEONATAL HYPOGLYCAEMIA TREATMENT: | | | | | | | |
| FBG OR OGTT 0 HOUR RESULT: | | OGTT 2 HOUR RESULT: | | OGTT DATE: | C-PEPTIDE (pmol/l): | CURRENT HBA1C (mmol/mol): | |
| PREVIOUS FBG OR OGTT 0 HOUR RESULT: | | PREVIOUS OGTT 2 HOUR RESULT: | | PREVIOUS OGTT DATE: | DATE OF C-PEPTIDE: | HIGHEST RECORDED HBA1C (mmol/mol): | |
| GAD POSITIVE? <input type="checkbox"/> | GAD RESULT: | IA-2 POSITIVE? <input type="checkbox"/> | IA-2 RESULT: | ZnT8 POSITIVE? <input type="checkbox"/> | ZnT8 RESULT: | UCPCR (nmol/mmol): | |
| GAD NEGATIVE? <input type="checkbox"/> | | IA-2 NEGATIVE? <input type="checkbox"/> | | ZnT8 NEGATIVE? <input type="checkbox"/> | | | |
| BIRTH WEIGHT (GRAMS): | GESTATION: | DIABETIC COMPLICATIONS, OR ANY OTHER CLINICAL FEATURES: | | | | | |

Family History

Please indicate if any other family members are known to have diabetes (please tick any / all that apply and add age of diagnosis and treatment as indicated). Family history of renal disease and deafness not applicable.

| Family history | | | | | |
|--|--|--|--|---|--|
| DIABETIC FATHER'S FATHER? <input type="checkbox"/> | DIABETIC FATHER'S MOTHER? <input type="checkbox"/> | DIABETIC MOTHER'S FATHER? <input type="checkbox"/> | DIABETIC MOTHER'S MOTHER? <input type="checkbox"/> | TOTAL NUMBER OF SIBLINGS: <input type="text"/> | TOTAL NUMBER OF CHILDREN: <input type="text"/> |
| DIABETIC FATHER? <input type="checkbox"/> | | DIABETIC MOTHER? <input type="checkbox"/> | | NUMBER OF SIBLINGS WITH DIABETES: <input type="text"/> | NUMBER OF CHILDREN WITH DIABETES: <input type="text"/> |
| AGE AT DIAGNOSIS? <input type="text"/> | | AGE AT DIAGNOSIS? <input type="text"/> | | PLEASE ADD THE AGE OF DIAGNOSIS FOR SIBLINGS WITH DIABETES: | |
| TREATMENT: <input type="text"/> | | TREATMENT: <input type="text"/> | | SIBLING 1: <input type="text"/> | SIBLING 2: <input type="text"/> |
| | | | | SIBLING 3: <input type="text"/> | SIBLING 4: <input type="text"/> |
| FAMILY HISTORY OF RENAL DISEASE (CYSTS, PROTEINURIA, RENAL FAILURE, RENAL DYSPLASIA, RENAL AGENESIS)? IF YES PLEASE ADD TO FAMILY HISTORY DETAILS: <input type="checkbox"/> NA | | | | FAMILY HISTORY OF DEAFNESS? IF YES PLEASE PLEASE ADD TO FAMILY HISTORY DETAILS: <input type="checkbox"/> NA | |
| FAMILY HISTORY DETAILS/COMMENTS: SUCH AS OTHER DIABETIC RELATIVES? (AGE AT DIAGNOSIS AND CURRENT TREATMENT OF AFFECTED FAMILY MEMBERS WOULD BE VERY HELPFUL): | | | | | |
| IF SAMPLES FROM OTHER FAMILY MEMBERS HAVE BEEN SENT PREVIOUSLY PLEASE GIVE DETAILS: | | | | | |

Testing Required

Select GCK Sanger sequencing as indicated below.

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| Testing required If no boxes are ticked, testing will be performed according to the clinical information provided | |
| Please visit our website for current test costs (www.diabetesgenes.org) | |
| GCK Sanger sequencing (this method will not detect partial/whole gene deletions and duplications) <input type="checkbox"/> | m.3243A>G test for maternally inherited diabetes and deafness (MIDD) <input type="checkbox"/> |
| Next generation sequencing 34 gene test for monogenic diabetes; includes all MODY genes, MIDD and partial lipodystrophy (this method can also detect partial/whole gene deletions and duplications) <input type="checkbox"/> | |
| For further information about this test please see: https://www.diabetesgenes.org/tests-for-diabetes-subtypes/a-new-test-for-all-mody-genes/ | |
| KNOWN VARIANT TEST (FOR FAMILIES WHERE A VARIANT HAS ALREADY BEEN IDENTIFIED) <input type="checkbox"/> | |
| Gene: <input type="text"/> | Variant: <input type="text"/> |
| Name and date of birth of relative with variant: <input type="text"/> | Relationship to this person: <input type="text"/> |
| Version No.: MG/MON/FOR014.03 | |

