

EXE-T1D

Understanding beta-cell destruction through the study
of Extremely Early-onset Type 1 diabetes

**Why do some people develop
diabetes when they are very young?**



DiABETES UK
KNOW DIABETES. FIGHT DIABETES.

THE LEONA M. AND HARRY B.
HELMSLEY
CHARITABLE TRUST

Chief Investigator:
Professor Richard Oram
[Principal Investigator:
XX]



What is a research project?

A research project is something we do to learn more about something.

What is the project for?

- We want to find out why some children get illnesses very young.
- It could help us understand more about diabetes and to look after people with diabetes better.

Why have I been chosen?

You are invited because your illness started when you were very young.

What does taking part involve?

- We will see you at the hospital or at clinic.
- We will ask some questions and measure your height and weight.
- We will collect a blood and a wee sample.
- You will be asked if you want to take part in the project and to write your name on a form if you are.
- We will put some magic cream or spray on your arm so that you don't feel it when we take a blood sample.

What will happen to my blood and wee sample?

Your blood and urine (wee) samples will be stored in a freezer and some scientists will study them. We will ask if it is OK to keep anything that is left over.

Do I have to take part in this project?

No. If you don't want to take part, that's OK and we will not mind at all.

If you do want to take part, you can write your name on a form to let us know this.

The person who looks after you has to agree too. You can change your mind at any time without having to tell us why.

Has anyone else checked that this research project is OK to do?

Yes, all research projects are checked by a group of people called an Ethics Committee.

Will other people be told information about me?

We will tell your doctor if we find anything that will help your care. We will look after your information carefully and will not tell anyone else.

**Thank you for reading this leaflet,
which is yours to keep.**

If you are happy to take part in this study, you will be asked to sign a form and be asked questions like the ones below.

CONSENT STATEMENTS

- I have read this leaflet or had it read to me.
- I have asked all the questions I want to and my questions have been answered in a way I understand.
- I am happy to take part in this project.
- I understand that I can change my mind at any time and stop being part of the project.

The next question is not essential and you can say no but still take part.

- I agree for information about me and any leftover samples to be kept for use in other projects.
- I am happy to be contacted about research in the future.

We will give you and the person looking after you a copy of the consent form to keep.

**Thank you for reading about this project and
for thinking about helping us.**