

Parent/Guardian of [Child's name]
Address

NIHR Exeter Clinical Research Facility
Level 2, RILD
Royal Devon University Healthcare NHS Foundation Trust
Barrack Road
Exeter
EX2 5DW
Tel: 01392 408181
[Email:]

Date:

Dear Parent/Guardian of [Child's name],

Re: EXE-T1D Study: Understanding beta-cell destruction through the study of
Extremely Early-onset Type 1 diabetes (A Musketeers' Memorandum Study)

Thank you for agreeing to help with our EXE-T1D research study aiming to improve understanding of extremely early-onset Type 1 diabetes and autoimmunity.

As arranged, [Staff name & job title], will telephone you at:

Time:

Date:

Please find enclosed an information sheet(s) to give you [and your child] more details about the study, together with a consent form and a home fingerprick blood sample kit with instructions. As explained, we will need to obtain fingerprick samples from your child and information about their health that will involve the following:

- Completion of a consent (and assent) form to participate, following discussion about the study
- Your child's height and weight measurements
- Questions about your child's health, details of their birth and family history of diabetes.
- Fingerprick blood sample

If you have any queries in the meantime, please do not hesitate to contact me at the NIHR Exeter Clinical Research Facility on 01392 408181.

Thank you very much for your help with this important research.

Yours sincerely

[Staff Name & Job Title]

Enc. Information Sheet - Child 5-7 y / Child 8-12 y / Young Person* (*delete as appropriate)
Consent Form – Parent Consent / Child/Young Person Assent* (*delete Assent if child aged <5y)
Fingerprick Blood Sample Kit

EXE-T1D_Fingerprick Sample letter_PARENT_V1.1_10.01.2020

The National Institute for Health and Care Research (NIHR) Exeter Clinical Research Facility is a partnership between the University of Exeter Medical School College of Medicine and Health, and Royal Devon University Healthcare NHS Foundation Trust. This project is supported by the NIHR Exeter Clinical Research Facility. The views expressed are those of the author(s) and not necessarily those of the NIHR or the Department of Health and Social Care.

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