

**NIHR Exeter Clinical Research Facility**

Level 2, RILD  
Royal Devon University Healthcare NHS Foundation Trust  
Barrack Road  
Exeter  
EX2 5DW  
Tel: 01392 408181  
[\[Email: \]](#)

Name  
Address

Date:

Dear Name,

**Re: EXE-T1D Study:** Understanding beta-cell destruction through the study of  
EXtremely Early-onset Type 1 diabetes (A Musketeers' Memorandum Study)

Thank you for agreeing to help with our EXE-T1D research study aiming to improve understanding of extremely early-onset Type 1 diabetes and autoimmunity.

As arranged, [Staff name & job title], will telephone you at:

**Time:**

**Date:**

Please find enclosed an information sheet giving you more details about the study, together with a consent form and a home fingerprick blood sample kit with instructions. As explained, we will need to obtain a fingerprick blood sample and information from you that will involve the following:

- Completion of a consent form to participate, following discussion about the study
- Height and weight measurements
- Questions about your health, details of your birth and family history of diabetes.
- Fingerprick blood sample

If you have any queries in the meantime, please do not hesitate to contact me at the NIHR Exeter Clinical Research Facility on 01392 408181.

Thank you very much for your help with this important research.

Yours sincerely

**[Staff Name & Job Title]**

*Enc.* Information Sheet – Adult  
Consent Form – Adult  
Fingerprick Blood Sample Kit

EXE-T1D\_ Fingerprick Sample letter\_ADULT\_V1.1\_10.01.2020